



**SPECIAL  
POINTS OF  
INTEREST:**

- Sound Waters Schooner Trip (8/5)
- LSC regatta (8/6)
- Awards dinner (8/15)

**INSIDE THIS  
ISSUE:**

- Beginners
- Intermediates
- Feva
- Lasers

# THE HUGUENOT TELLTALE

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## Junior Sailing Second Session

### Heading Up!

Welcome aboard if you are just joining us for session two! We had a great first week with good wind. In addition to sailing, we made a trip across the sound via motor boat to the sand dunes on Long Island. The sailors were able to go swimming, and explore around the area.

This week we celebrated school spirit and had the sailors and instructors dress up to show their school pride. Our next “Wacky Wednesday” is trash boat day. We ask that your sailors try to make small boats out of what they can find around the house, and bring them in for us to test out in the pool on Monday. The weather forecast for this weekend is not looking to great, and this would be a great activity to do! If you need more information about the trash boat, please refer to the junior sailing calendar email we sent out earlier in the summer.



# Beginners

The beginners launched off the second session with their swim test and capsizing test in the pool. In order for the beginners to become comfortable knowing what to do when the boat capsizes on the Sound, we had them practice flipping over in the pool. This week they mastered learning the parts of the boat, from the bow to the stern and the head of the sail to the foot. They also became skilled at making the “bunny” go around the “tree” and back into the hole, having learned three basic knots: the bowline, square knot and eight knot.

# Intermediates

The intermediates had a good first week, focusing on re-familiarizing themselves with their boats and with the fundamentals of sailing. They did a distance sail towards City Island one day and practiced racing. Many of the intermediates will be attending the Larchmont Shore Club regatta next week. We will continue to perfect their upwind sailing and roll tacking on Monday.

# Feva

The Feva (pictured on the right) is our newest doublehanded sailboat. It is very popular in Europe, and is quickly making its presence known on the Long Island Sound. The Feva class went on some distance sails to get used to the boats third sail, the gennaker, which is a cross between a genoa and spinnaker, hoisted when sailing downwind.



# Lasers

The lasers focused on roll tacking, which included a lot of capsizing. The sailors tried testing their boat to the limit to see how much windward heel they could get. They also practiced tacking on the whistle and upwind sailing.